

Dear Parent/Carer,

Please find below details of the work that your child's class will be doing during this term. We have also suggested ways in which you can help your child at home.

Thank you for your support,  
Miss Sneade, Mrs Byrom and Mr Bowen

**Class:** Year 5 and STF 2

**Term:** Summer

**Theme:** Healthy Hearts and Happy Minds

During the summer term, our topic is Healthy Hearts and Happy Minds which focusses on our physical and mental health, the human body and the effects of a balanced diet.

In ***Languages, Literacy, and Communication***, the pupils will learn about the features of an explanation text, how they are used and then create their own explanation text to explain how the heart works. Next, pupils will learn about, follow and create a piece of instruction writing to create a healthy meal. The pupils will then follow these instructions to actually make and enjoy their own healthy meal. The children will read a range of couplet poems, using inference and deduction to discuss the meanings and identify the features of poems. The children will then create their own couplet poem relating to our topic.

Pupils will be composing emails and word processing on laptops too, to develop their confidence to type independently. Pupils will also be regularly completing reading tasks and comprehensive activities in preparation for our Personalised Assessments.

In ***Maths & Numeracy***, the pupils will learn about percentages and 2D and 3D shape. They will sort, build, find and explain the properties of these shapes. Our pupils will then learn to tell the time using analogue and digital clocks, practice reading timetables and solve word problems linked to time. We will be using time throughout our new topic to time activities, sports and heart rates.

Pupils will also be regularly practising their times tables up to 12 x 12 and they will be tested weekly. Again, pupils will also be regularly completing procedural and reasoning past paper questions in preparation for our Personalised Assessments.

In ***Humanities***, the pupils will learn about governance in our local area and beyond. We will be looking at what makes our local area, how we can improve it and the responsibilities various people have to maintain our local area and our safety. We will then begin to look at this nationally and internationally.

Additionally, we will be looking at human rights and inequality, linking to the Olympics and sport. We will make comparisons between the Ancient and Modern day Olympics, identify locations which have hosted Olympic events and study a variety of competitors. In RVE, we will be looking at Buddhism and Buddha's birthday and ethical veganism and what this means.

In ***Science and Technology***, the pupils will learn about the human body and the internal organs, particularly researching the circulatory system. They will also learn about healthy eating, what a balanced diet is and how this impacts our body both mentally and physically. The pupils will also carry out a heart rate investigation, where they will monitor, record and compare heart rates following various physical activities. The children will then collate their results and write conclusions to their findings.

In **Expressive Arts**, the pupils will create art work based on the work of Keith Haring, which will be linked to our topic. The children will also engage in drama and digital media activities related to Cool Runnings and the Olympics. Pupils will create their own music using instruments and online apps to encourage people to exercise.

In **Health & Well-being**, the pupils will participate in many P.E lessons including striking and fielding, the beep test and athletics. They will also learn about making good choices when it comes to keeping both physically and mentally.

Pupils will also take part in lessons relating to coding, databases and spreadsheets that are linked to our current summer term topic.

The pupils will apply their Literacy skills to produce an explanation text about how the heart works and to create clear instructions to create a healthy meal. They will also apply their Maths & Numeracy skills in their topic work, when timing physical activities and creating graphs to present their findings. Finally, the pupils will use their digital skills to create PowerPoint presentations and learn about databases and spreadsheets using Microsoft Excel about the healthy eating and the human body.

<p>Ways in which you can help at home:</p>	<ul style="list-style-type: none"> <li>▪ Watch any interesting programmes or read books about staying healthy and the human body.</li> <li>▪ Please listen to your child reading at home every night (a Reading Diary is provided for you to make comments).</li> <li>▪ Visit the local library to choose books relevant to topics being studied at school.</li> <li>▪ Please make sure that your child logs in to TT Rockstars and that they practise their times tables.</li> <li>▪ Try and encourage your child to take part in a daily exercise.</li> <li>▪ Complete the past papers sent home/attached on the link in readiness for the Personalised Assessments.</li> </ul>
<p>Ways you can help us?</p>	<ul style="list-style-type: none"> <li>▪ Do you have any expertise in this area and would like to share it with us?</li> <li>▪ Take part in our upcoming parent vs. children rounders event in Year 5</li> </ul>